



HELPING CHILDREN DREAM AGAIN



Center for Discovery Enrichment Catalog

APRIL – JUNE 2022

Our Center for Discovery Enrichment is an extension of our broader organizational goals to provide services and activities for youth and families to take control of their own lives.

You will find all our activities and events planned for **April - June 2022** here.

The Center for Discovery is a one stop shop for The Children's Center families, staff, and community members to participate in a myriad of trainings, events, services, and resources aimed at advocacy, community engagement, as well as the facilitation of social/emotional development and social connectedness. The catalog will be released at the start of every quarter!

For more information or to connect with a member of the Enrichment Team, please email tccenrichment@thechildrenscenter.com.



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EVENT & AGE RANGE	DATES (APR-JUNE 2022)	TIME	ACTIVITY TYPE	DESCRIPTION	PARTICIPANT TYPE & MAX NUMBER	VIRTUAL OR IN-PERSON (LOCATION)
BOOK CLUBS						
Breakfast Book Club	April 6 May 4 June 1	11 AM - 12 PM	Service	Breakfast Book Club is a space for guardians to come together to increase, parent bonding, love for literacy, journaling, and is a place of respite. There is a different book each month that is brand new and free to the guardian. If the guardian completes the book by the following book club meeting they will receive a Barnes and Noble gift card as well as the new book for the following month. <i>For more information, please contact Christine Hudson at chudson@thechildrenscenter.com or 313-663-0946.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
Just 4 Me Book Club	April 11 May 9 June 13	5 PM - 6 PM	Service	Just 4 Me Book Club meets to practice reading graphic novels out loud to each other, stopping to discuss unknown vocabulary and meanings that arise. The last ten minutes, the group practices reiterating what they read while reviewing the themes, characters and meaning of the book. If the reader completes the book by the following book club meeting they will receive a Barnes and Noble gift card as well as the new book for the following month. <i>For more information, please contact Christine Hudson at chudson@thechildrenscenter.com or 313-663-0946.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
Teen Book Club	April 13 May 11 June 15	6 PM - 7 PM	Service	Our Teen Book Club helps teens explore literary concepts and themes while promoting literacy and the love of reading. The book club also provides our youth with a safe nonjudgmental space to develop social skills and build community and comradery. If the teen completes the book by the following book club meeting they will receive a Barnes and Noble gift card as well as the new book for the following month. <i>For more information, please contact Cindy Read at cread@thechildrenscenter.com or 313-262-1167.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
SOCIAL SKILL GROUPS						
Circles Social Skill Group (Ages 5-12)	EVERY MON. April 18 - June 23	5 PM - 6 PM	Service	Does your child know who s/he can give their phone number to? Does your child know how to say "no" if a stranger wants to take their picture? For the next 10 Mondays, your child/teen will learn the basics of the 7 circles. Each week, groups will progress through the circle starting with the Purple Private Circle and progress to Blue Big Hug Circle, Green Far Away Hug Circle, Yellow Handshake Circle, Orange Wave Circle, Red Stranger Circle and ending with Red Stranger Space. Your child will identify who belongs in which circle and what boundaries are appropriate. The group will explore the circles in depth by watching and discussing video scenes, journaling, role playing and creating visual tools. After each session, caregivers will be given information cards on how to practice what your child/teen has learned and to apply when at home and in the community. <i>For more information, please contact Holly Lawson at hlawson@thechildrenscenter.com or 313-398-0919.</i>	The Children's Center Families, Community Members – 15 MAX	In-Person, Building 90, Lower Level



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SOCIAL SKILL GROUPS CONT.						
Transition Social Skill Group: Using Effective Communication Skills (Ages 13 & Up)	EVERY TUE. April 18 - June 23	5 PM - 6 PM	Service	<p>Does your preteen/teen have career goals for the future? Does your preteen/teen know what community services are available? Your preteens and teen will work on a process to determine their goals for the future while developing objectives to meet the goals. Group members will learn to become self-advocates by goal setting and actively planning how to accomplish the goals. Participants will be urged to make decisions about a career path. They will also explore community resources and agencies that can help them with their goals and what requirements are needed to use these resources. The group members will also practice research skills on the internet to obtain information to use now and in the future. <i>For more information, please contact Holly Lawson at hlawson@thechildrenscenter.com or 313-398-0919.</i></p>	The Children's Center Families, Community Members – 15 MAX	In-Person, Building 90, Lower Level
BeCOOL Social Skill Group: Upper Elementary, Coping with Difficult People (Ages 8-12)	EVERY WED. April 18 - June 23	5 PM - 6 PM	Service	<p>Does your preteen storm off when you ask him/her to clean their bedroom? If accidentally bumped into by another child, does your child immediately respond by pushing the other child back? Your preteen will learn to manage common difficult behaviors that they already encounter. Children and preteens are often the subject of teasing, bullying, criticism and anger that can cause behavioral problems, stress, and low self-esteem. Through the support group, your child/preteen will learn to BeCOOL and minimize the effects of other's bad behaviors and promote positive interactions. <i>For more information, please contact Holly Lawson at hlawson@thechildrenscenter.com or 313-398-0919.</i></p>	The Children's Center Families, Community Members – 15 MAX	In-Person, Building 90, Lower Level
BeCOOL Social Skill Group: Middle School, Give and Take - Negotiate (Ages 11-14)	EVERY THURS. April 18 - June 23	5 PM - 6 PM	Service	<p>Does your preteen/teen often give into others to avoid any conflict? Does your preteen/teen have to do everything their way or the highway? Your preteen/teen will learn that other people have different interpretations, opinions, or misunderstandings. Instead of becoming frustrated or angry with the person, through videos, role-play, modeling, and activities participants will practice different negotiation styles to use with others. <i>For more information, please contact Holly Lawson at hlawson@thechildrenscenter.com or 313-398-0919.</i></p>	The Children's Center Families, Community Members – 15 MAX	In-Person, Building 90, Lower Level



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COMMUNITY ENGAGEMENT						
Consumer Advisory Council	April 12 May 10 June 14	12 PM - 2 PM	Meeting	The Consumer Advisory Council is designed to encourage families whose children are clients at The Children’s Center to be involved in and participate fully in decisions related to their care and services. The council uses consumer ideas to improve services and agency management practices by serving as an advocate for children, youth, and families at The Children’s Center and by being a voice for those we serve. These advocates also provide recommendations to the organization and its staff by helping new clients and their parents understand services and resources provided by The Children’s Center and help to improve community awareness. <i>If interested, please email consumeradvisory@thechildrenscenter.com.</i>	The Children’s Center Families – # NOT CAPPED	Virtual via Zoom
Crisis to Connection Quarterly Stakeholders Meeting	April 20	10 AM - 11:30 AM	Training	The Crisis to Connection Quarterly Change Champion Meetings are designed to bring together individuals involved in the work of Crisis to Connection to report on the progress of their work, share information and resources, and provide a space for learning and training on topics related to trauma and anti-racism. The 90-minute quarterly meeting is coordinated by the Crisis to Connection Operations Team and provides an opportunity for Change Champions to connect with and learn from each other. Individuals interested in learning more about the work of Crisis to Connection are encouraged to attend <i>If interested, please contact Kelvin Brown at kbrown@thechildrenscenter.com or 313-573-7274.</i>	The Children’s Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
Youth Move Detroit	April 7 May 5 June 2	5 PM - 6 PM	Meeting	Youth MOVE Detroit is a youth led group that engages youths by providing leadership opportunities to meet the independent or collective needs for youth. We strive to empower the voices of youth through community engagement, advocacy and partnerships to build healthy communities across Wayne County. <i>For more information, please contact Tyanna McClain at tmclain@thechildrenscenter.com or 313- 262-2522.</i>	The Children’s Center Families, Community Members – # NOT CAPPED	In-Person, Building 79



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PARENT/FAMILY ACTIVITIES						
24/7 Moms	EVERY TUE. May 3rd - July 28th	10 AM - 12 PM	Training	Are you a mom who struggles to understand and communicate with the father(s) of your child(ren)? Consider participating in this 10 week training that helps mothers improve the relationships they have with fathers, for the benefit of their children. A certificate will be earned with consistent attendance. <i>If interested, please contact Christine Hudson at chudson@thechildrenscenter.com or 313-663-0946.</i>	The Children's Center Families, Community Members – 10 MAX	Virtual via Zoom
ACEs	April 27	6 PM - 7 PM	Service	If you are a parent or caregiver, you'll want to attend this training on ACEs, which stands for "Adverse Childhood Experiences". These experiences can include things like physical and emotional abuse, neglect, caregivers mental illness and household violence. For those who have experienced ACEs there are a range of possible responses that can help including therapy, meditation, physical exercise, spending times in nature and many others. ACEs can affect people at all income and social levels and can have serious costly impact across the lifespan. <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
Birthday in a Bag	Monthly		Service	Every month, clients of The Children's Center will be sent a handwritten birthday card during the month of their birthday. In that card, is a voucher. Bring this voucher to building 90 on a Wednesday or Thursday to receive your Birthday in a Bag! <i>If you have questions, contact Andrea "Andi" DeShields at adeshieldsthomas@thechildrenscenter.com or 313-324-8571.</i>	The Children's Center Families	In-Person, Building 90, Lower Level
Boutique	EVERY Tuesday – EVERY Wednesday	10 AM - 12 PM – 12 PM - 7 PM	Service	Did you know that if you are a family of The Children's Center you can come shopping for everyone living in your home, two times a month in The Boutique. The Boutique is a free store with new and gently used, clean clothing, household items, emergency food, hygiene, cleaning products and baby needs. Caregivers can shop without their children being present and no need for an appointment. Come to building 90. <i>If you have any questions, please contact JoAnn Al-Hachami at jalhachami@thechildrenscenter.com</i>	The Children's Center Families	In-Person, Building 90, Lower Level
Chemistry Fun Night with the UM-Dearborn Chemistry Club	April 5	6 PM - 7 PM	EVENT	Join the Chemistry Club from the University of Michigan-Dearborn for a night of fun educational hands-on activities. Kids and families will play fun trivia games and participate in science experiments such as M&M chromatography, making bubbles, and etc. Our chemistry students will explain the science behind each of the experiments with the goal of showing the kids the many applications of chemistry in the real world! <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members – 15 MAX	In-Person, Building 90, Lower Level



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PARENT/FAMILY ACTIVITIES CONT.						
Children Mental Health Awareness Day	May 12	2 PM - 5 PM	EVENT	This year's theme is "My Mind Matters". There will be an interactive discussion around acceptance, a self-care workshop, youth telling their personal stories, resources and more. <i>To find out how to register or more information, please contact Bianca Miles via email at bmiles@dwihn.org.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual via Zoom
Faces of Trauma: The Art of Healing, (Ages 14 & Up)	May 25	5 PM - 7:30 PM	EVENT	This year's theme is Faces of Trauma: The Art of Healing. Faces of Trauma is an annual event for The Children's Center clients, families, community residents, and staff. Faces of Trauma helps the audience understand how trauma affects each person in different ways, and often when one member of a family experiences it, the whole family is affected. Faces of Trauma is an event that explores the impact of trauma, and how individuals, families, and communities cope with it. Faces of Trauma offers special guest speakers, panelists, a trauma informed presentation, and even a creative artistic component. <i>If interested send an email to CrisisToConnection@thechildrenscenter.com</i>	The Children's Center Families, Community Member, Foster Parents, Child Welfare – 75 MAX	In-Person at the Museum of Contemporary Art Detroit (MOCAD) – in the MOCAD café
Fatherhood Forum	June 23	9 AM - 1 PM	Service	A father's involvement in his child's life is critical to the child's success in school and in life. Join us if you are a male caregiver, a father, a support of fathers, or a professional working with and advocating for fathers. This event will provide speakers, resources and breakout session that every father, male caregiver and professional should attend. <i>Please contact John Miles if interested at jmiles@thechildrenscenter.com or 313-949-2663.</i>	The Children's Center Families, Community Members – # NOT CAPPED	Virtual on Zoom
Fire Safety	June 14	5:50 PM - 6:30 PM	TRAINING	Bring your family members to this fire safety class. As of today, the Bureau of Fire Services recorded 18 blazes resulting in 22 deaths "that were all accidental and preventable," in Michigan. The presentation will be provided by the City of Detroit's Fire Department, Chief of Community Relations, Chief James Harris. <i>Free smoke detectors will be provided. Please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members – # NOT CAPPED	In-Person, Building 90, Lower Level
Foster Parent Support Group	April 21 May 19 June 16	6 PM - 8 PM	Service	VIRTUAL – We provide various trainings such as DOC, behavior management, Education, Self Care. During that time participants are able to openly discuss the specific topics as well as ask questions that may be related to what they should expect dealing with foster care and other systems associated with Foster Care. <i>All licensing staff are present. For question, please contact Nashae Nelson at nnelson@thechildrenscenter.com or 313-262-1013, or Shereen Allen-Youngblood at syoungblood@thechildrenscenter.com or 313-262-1138</i>	Foster Parents, Child Welfare – # NOT CAPPED	Virtual via Teams



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PARENT/FAMILY ACTIVITIES CONT.						
Graduation Celebration	June 28	10 AM - 11:30 AM	Event	If you are a client of The Children's Center and graduated from high school in 2022, we want to celebrate you! Bring a guest or two and join us for brunch to celebrate your success and new beginning! There will be free giveaways for the seniors. <i>Please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center High School Graduates	In-Person, Building 90, Lower Level
Healthy Cooking	EVERY OTHER WED. Apr. 13 & 27 May 11 & 25 June 8 & 22	11 AM - 12 PM	Service	Do you love to cook? Want to try a new recipe? If you answered yes, this is the perfect class for you! The first ten families to sign up will receive all of the ingredients free and then cook together on Zoom from the comfort of your own kitchen. <i>If interested, please contact Christine Hudson at chudson@thechildrenscenter.com or 313-663-0946.</i>	The Children's Center Families — 10 MAX	Virtual via Zoom
Homework Help (All Ages)	EVERY TUE. & THU. Until June 16	4 PM - 7 PM	Service	One on One tutoring services are offered to children under eighteen, 2 times per week for 45 minutes. The love of reading, math and other subjects are promoted with volunteers. <i>If interested, please contact Christine Hudson at chudson@thechildrenscenter.com or 313-663-0946.</i>	The Children's Center Families, Community Members — 8 PER DAY	Virtual via Zoom
Low Impact Fitness	May 17 & 31 June 14 & 28	11 AM - 12 PM	Service	Life has it's ups and downs, we call them squats. Join us for low impact exercise. This is a no judgement zone, all equipment provided, including fresh fruit and water. <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members — 12 MAX	In-Person, Building 90, Lower Level
Meet the Dentist, (Ages 3-8 & their parents/guardians)	May 3	5:30 PM - 6:30 PM	TRAINING	Delta Dental of Michigan presents - Meet the Dentist - an engaging dental demonstration for children that discusses: healthy teeth, daily oral hygiene, healthy food and beverage choices and more. There will be free giveaways and hygiene books! <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members — # NOT CAPPED	In-Person, Building 90, Lower Level
Parents Matter!	May 4, 11, 18, & 25 June 1	5:30 PM - 7:30 PM	TRAINING	Parents Matter! is an evidence-based prevention program for parents of pre-teens. This community-level family prevention program is designed to enhance protective parenting practices and promote parent-child discussions. <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members — # NOT CAPPED	Virtual via Zoom



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PARENT/FAMILY ACTIVITIES CONT.						
Parent Support Group (Parents & Caregivers)	EVERY OTHER THU. April 7 & 21 May 5 & 19 June 2, 16, & 30	5 PM	MEETING	The parent support group will provide support, information, guidance, and a safe space for parents to share their voice and creative ideas, while strengthening and empowering our communities. <i>If interested, please contact Tanae Rankin at trankin@thechildrenscenter.com or 313-979-0302</i>	The Children's Center Parents and Caregivers	Virtual via Zoom
Readers and Creators (Ages 5-12)	Apr. 26 & 27 May 24 & 25 June 28 & 29	5 PM - 6 PM	Service	Readers and Creators allows clients and families to listen to stories read aloud with guest readers. Stories and activities focus on diversity, self-esteem, inclusion, pop-culture, languages, creativity and fun! The books that are read are available Free with activities to be picked up at the center the week before and after the event. <i>For question, please contact Andrea DeShields at adeshields@thechildrenscenter.com or 313-313-262-1514.</i>	The Children's Center Families, Community Members — # NOT CAPPED	Virtual via Zoom
Renter's Rights Presentation	April 14 — June 16	11 AM - 12:30 PM — 5:30 PM - 7 PM	TRAINING	Renters Rights & Organizing Workshop presented by the Housing Justice Renters Team Learn your rights as a renter and become uplifted by the power we collectively hold to change the housing system. Participants will gain a historical understanding of Detroit's housing situation, understand current renter's protections and how to organize for more. <i>For more information, please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families, Community Members — # NOT CAPPED	In-Person, Building 90, Lower Level
Safe Sleep	June 2	5:30 PM - 6:30 PM	TRAINING	Learn all about safe sleeping! Prevent Sudden Infant Death Syndrome by attending our Safe Sleep presentation and receive a free pack and play. Our Safe Sleep for Infants session is a FREE 45 minute presentation for Detroit families. Other baby caregivers, outside the home can attend and also receive a free pack and play. <i>Please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families — 12 MAX	In-Person, Building 90, Lower Level
Tau Beta Baby Shower	May 26	12 PM - 1 PM	EVENT	Oh baby! Celebrate with us! If you are expecting/adopting/caring for a baby or have a little one under the age of 18 months and like gifts and prizes, join us for the virtual Tau Beta Baby Shower. Must register to attend, all gender guardians welcome! <i>Please contact Wanda Burke at wburke@thechildrenscenter.com or 313-632-1979.</i>	The Children's Center Families — 40 MAX	TBD



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PARENT/FAMILY ACTIVITIES CONT.						
Teen Art Club	April 18 May 16 June 20	5 PM - 6 PM	Service	If you are 13 and up and interested in art, come join the Teen Art Club. We will explore various medias, different artist and styles with opportunities for giveaways. Teen will be asked to show art samples before the club begins. <i>If interested, please contact Cindy Read at cread@thechildrenscenter.com at 313-378-8914.</i>	The Children's Center Teens, Teen Community Members — 12 MAX	In-Person, Building 90, Lower Level
Wayne County Friend of the Court Presentation Series	April 20 May 18	5:30 PM - 7 PM	Event	Due to Covid-19 there has been many changes as to how the Wayne County Friend of the Court provides services to community regarding Child Support. Join us as representatives from the Friend of the Court walks you through new procedures. <i>For questions, please contact John Miles at jmiles@thechildrenscenter.com or 313-949-2663.</i>	The Children's Center Families, Community Members — # NOT CAPPED	Virtual via Zoom