

# HEROES OF HOPE

YOUR IMPACT ON THE CHILDREN AND FAMILIES AT THE CHILDREN'S CENTER

APRIL 2022

**Faces of Trauma:**

**The Art of Healing**



# Faces of Trauma – The Art of Healing

Social and political unrest in the United States, wars around the globe and a worldwide pandemic have amplified an already growing concern around youth mental health. The U.S. Surgeon General, Vivek Murthy, MD, issued an advisory on youth mental health, calling it an “**urgent public health crisis**” that will require an all-hands-on deck effort to address.

The Children’s Center is stepping up to the mantle to lend a helping hand with the **8th Annual Faces of Trauma Event on May 25, 2022**, at the Museum of Contemporary Art Detroit (MOCAD) 4454 Woodward Ave, Detroit, MI 48201 from 5:00 to 7:30 p.m.

This year’s theme is **The Art of Healing**. Artist and performers including **The Mosaic Youth Theatre of Detroit** and **AleshaNicole** will perform and demonstrate how art can be used as a tool and resource to facilitate healing from traumatic life experiences and place participants on the “road to resilience.” There will be a keynote speaker sharing their story of resilience, activities, Youth Art from The Children’s Center on display, and light refreshments served.

This annual event is **free of charge and open to the public**, The Children’s Center clients, families, and staff. Faces of Trauma helps participants understand how trauma affects each person in different ways, and often when one member of a family experiences it; the whole family is affected. **Faces of Trauma is an event that explores the impact of trauma, and how individuals, families, and communities cope with it.**

Preregistration is required and this event is appropriate for adults and children 14+. All participants must provide proof of complete vaccination or a negative Covid test result taken at a maximum 72 hours prior to the event. For additional information, please visit [www.TheChildrensCenter.com](http://www.TheChildrensCenter.com) or to register scan the QR code below.





## Meet the Enrichment Team

The Enrichment Team at The Children's Center works very hard to plan events that help bridge the gap beyond receiving therapy services while turning the lower level of 90 into a Resource Center. It is not only a place for therapy; this is a place for families to enjoy.

By offering tutoring, book clubs, parent gatherings, hygiene products, birthday parties, and other fun experiences, families can connect with one another. The Enrichment team manages the boutique which offers basic necessities to families. It can be very difficult to concentrate in school if a child is hungry, hasn't been able to fully bathe, or doesn't have proper winter clothes.

Our families love our enrichment services as they help them get the most out of all that The Children's Center has to offer. The Enrichment team includes Christine Hudson, Wanda Burke, Andrea DeShields, Joann Al-Hachami, and Cindy Read. Check out our e-newsletter to read more about each team member!



## Raise Awareness, Prevent Abuse

April is National Child Abuse Prevention Month which recognizes the importance of families and communities working together to prevent child abuse and neglect.

The Children's Center will be hosting several trainings and events to raise awareness including a weekly book giveaway in the month of April. Stop by Bldg 90, Mon.-Wed. from 10am-6pm to pick up the book of the week!

## Children's Mental Health Awareness Day

Mental health is just as important as physical health! Youth United, a youth-led initiative promoting positive youth voice and engagement, is highlighting Children's Mental Health Awareness Day (CMHAD) which is May 7. They are hosting "My Mind Matters," a Virtual CMHAD Event from 2pm-5pm on May 12, 2022. It will include discussions around acceptance, a self-care workshop, personal stories, resources and more. To register or for more information, please contact Bianca Miles at [bmiles@dwihh.org](mailto:bmiles@dwihh.org).





## Calling All Volunteers!

April is National Volunteer Month! We are so thankful to have had the support of almost 700 volunteers over the past year.

Want to join the team and make a difference? Both virtual and in-person opportunities are available! Visit our website for more details.



## We Can Change Lives — Thanks to You!



The Children's Center was able to be part of the reunification of a biological mother with her 3 children that had been placed in foster care. Stipulations for reunification included getting beds for the children and having a functioning refrigerator in the home, which due to our generous donors – The Children's Center was able to meet those needs. Mom had been working hard towards this goal and we are so grateful we could offer assistance. You, our incredible donors, help us change lives!

[TheChildrensCenter.com/believers](https://TheChildrensCenter.com/believers)



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