


# HEROES OF HOPE

YOUR IMPACT ON THE CHILDREN AND FAMILIES AT THE CHILDREN'S CENTER

OCTOBER 2020



**“It’s hard to see your child  
go through something  
you can’t make better.”**



## David Was About to End His Life... Therapy Saved Him

At 14, David was experiencing bullying at school. “Kids would pick on me because I was the only one who was different, at least that’s what I thought.” Even the friends he thought he could trust let him down. “I would come home and ask myself, ‘What is wrong with me? Why am I like this?’” David wanted to end his life. Luckily, he told a classmate who alerted the school and David was taken to the Crisis Care Center at The Children’s Center.

David’s life was saved, and the journey of healing began. Nicoyia, David’s mom, shared: “It’s hard to see your child go through something you can’t make better. I’m a nurse, so I can pretty much fix anything physically wrong, but this was different. It made me realize how I can’t control everything.”

David has now been in therapy at The Children’s Center for a year and a half. David says, “I feel more open to people now, I can tell my mom how I am feeling.” For her part, Nicoyia sees a lot more confidence and a lot less hostility and anger in David. She sees him trying to figure out a resolution instead of giving up. She says, “The Children’s Center is an excellent resource for allowing someone non-biased to help your child, to give him someone to talk to versus having to talk to a parent. Seek help for your kids, you are your children’s advocate, their voice.”

“People think if you go see a therapist then you must be crazy. I feel the exact opposite. Mental health is just as important as physical health and it’s important to see the signs in your children, the cries out for help,” says Nicoyia. “It would have been very stressful. Had I not found David The Children’s Center, I’m not sure he would have made so much progress in this short time.”

### You helped save David’s life

David was about to end his life. He desperately needed clinical treatment and support. Thanks to you, our General Behavioral Health staff provided that treatment to David and more than 4,000 others. Your generosity ensured children/youth diagnosed with mental health challenges and/or developmental disabilities received treatment. Mental health treatment is life-changing and necessary for the well-being of children like David. You changed over 4,000 lives and helped families build bright, healthy futures.





## Students are Ready for School, Thanks to You!

With your help, we held a socially distant, drive-through, Back-to-School Bazaar in August!

Five hundred children received back-to-school kits with all the supplies they needed—including pencils, crayons, paper, even headphones and USB drives for virtual learning. Now they're all ready to take on the school year!



## Our New Podcast Gets Real about Mental Health

Nothing is more important than children's mental health, and our new podcast leaves no stone unturned. "Real Talk About Children's Mental Health," hosted by Laura Lefever, dives into the mental health topics that no one in Detroit is talking about—the conversations we all need to be having. Each episode begins with an aspiration— "If you lift a child's spirits, you lift an entire community." Lefever talks about how addressing mental health concerns, like trauma and abuse, can result in a ripple

of positive effects. Our passionate staff and community partners offer tips and advice, including available services and how families can engage with us. We get into how YOU can get involved too.

Listen to the latest episode, visit [thechildrenscenter.com/realtalk](https://thechildrenscenter.com/realtalk), or in your favorite podcast app. Share with your friends and stay tuned for more.

## Great News, Our Boutique is Back!

Our boutique is open for clients thanks to amazing partnerships with Macy's Twelve Oaks and H&M. While we are still not accepting gently used clothing donations for everyone's safety, these generous businesses stepped-up in a big way. Both businesses donated more than 100 boxes of brand new children's and adult clothing to make sure that our clients are looking and feeling their best! Macy's even donated hundreds of formal dresses, so our clients will be ready for all occasions!

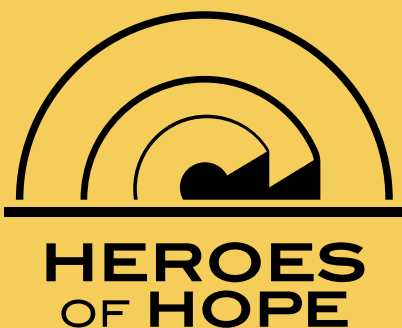


## Join us for the Power of Possibilities VIRTUAL Breakfast

You're invited to the 16th annual *virtual* Power of Possibilities breakfast on October 27, 2020 at 7:30 am!

Hear inspiring stories from families who have gone from crisis to connection, thanks to amazing supporters like you.

To RSVP for this free virtual event, contact Abby Adair at [aadair@thechildrenscenter.com](mailto:aadair@thechildrenscenter.com) or 313.236.5812.



## Belief Begins with You

David felt like no one believed in him. He was lost and didn't see how his future could be different. Until Believers like you came along and lifted him up. There are so many children feeling the same way. Join our Believers monthly giving community to show children like David that you believe they can heal, grow, and thrive in a future full of possibilities.

[TheChildrensCenter.com/believers](https://TheChildrensCenter.com/believers)



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