



Teenagers Unite!

Join Us for Cornerstone Group

For Youth Aged 15-17

Teenagers have a lot to look forward to as they enter adulthood. Cornerstone is here to help them prepare for it, exploring topics that will help them create successful futures. And the best part about it? Our teens get to make their voices known and shape our group as we go!

We'll explore topics like:

- Stress and anger management
- Relationships
- Self-esteem
- · Money Management
- · Housing and Transportation
- Job Readiness and Career Development
- Nutrition
- Education

Ask your clinician for information about upcoming sessions!

Where

The Children's Center 79 Alexandrine West Detroit

When

Thursdays from 5 p.m. - 7 p.m.