

HELPING CHILDREN DREAM AGAIN



Parenting Through Change – Parent Group

### Where

The Children's Center 79 Alexandrine West Detroit Building 90

### When

Every Tuesday for 10 weeks 9:30 - 11:30 a.m. Starting October 3, 2017

# Join us for our Parenting Through Change – Parent Group

Change is never easy. Whether it's coping with an unexpected life circumstance or tackling a family challenge, it can be hard to confidently navigate your way through it.

In this group, you'll learn effective ways to encourage, communicate and problem-solve with your child, turning change into a growing experience. Foster parents are encouraged to attend, and can count this class toward foster parent training.

## Dates & Time

Ten Tuesday Sessions from 9:30 to 11:30 a.m.

- October 3, 10, 17, 24, 31
- November 7, 14, 21, 28
- December 5

## **Reserve Your Spot**

To join the group, please contact Rachel Massimilla at 313.262.0983.