

SERVING CHILDREN AND FAMILIES IN NEED SINCE 1929

# TEENAGERS UNITE! JOIN US FOR CORNERSTONE GROUP

For Youth Aged 15–17



Teenagers have a lot to look forward to as they enter adulthood. Cornerstone is here to help them prepare for it, exploring topics that will help them create successful futures. And the best part about it? Our teens get to make their voices known and shape our group as we go!

We'll explore topics like:

- Stress and anger management
- Relationships
- Self-esteem
- Money management
- Technology

***Ask your clinician for information about upcoming sessions!***

#### WHAT

TCC's New Cornerstone Group

#### WHEN

Thursday, September 15, 2016

#### JOIN THE PROGRAM TODAY

Contact your clinician to learn more.

Developing Strong Children and Successful Families

